

L-L WEEKLY

The Weekly Pewsheet of the Leith-Lyvennet Parishes

Lent Course

Our Lent Course this year is "Heresies and How to Avoid Them", based on the book by Michael Ward and Ben Quash. An enlightening look at Christian belief.

Kings Meaburn Village Hall,
7.30, Mondays, 23 Feb-23 Mar.

Mothering Sunday

Special celebrations coming to a service near you. Sunday 15 March: 10.30 for 11.00, Morland Village Hall; 5.00pm, Crosby Ravensworth Methodist Chapel.

Holy Week

Our Holy Week (29 Mar -4 April) will be lead this year by Revd Kenneth Boyd. Full details in the Leith-Lyvennet News.

Spring Concert

Appleby Town Band and Linda Bainbridge will be performing on Saturday 14th March at 7.30 in Crosby Ravensworth Village Hall in aid of church funds.

Mission Communities

On 10 February, Appleby Deanery Synod agreed to develop two Mission Communities our Deanery. We now begin planning to bring our congregations together. More news to follow.



About Today...

Lent is traditionally a season for self-examination, penitence, self-denial, study, almsgiving and preparation for Easter (Easter being also the principal occasion for baptism). Lent is a time for Christians to train themselves in spiritual disciplines, following courses of scripture reading, teaching and devotional exercises through which we may grow closer to God and find healing for our souls.

Traditionally, as the candidates for baptism were instructed in Christian faith, the whole Christian community was invited to join them in the process of study and repentance, the extension of which over forty days would remind them of the forty days that Jesus spent in the wilderness, being tested by Satan.

Ashes are an ancient sign of penitence; from the middle ages it became the custom to begin Lent by being marked in ash with the sign of the cross. During Lent, liturgical dress is the simplest possible. Churches are kept bare of flowers and decoration. The Gloria in excelsis hymn is not used, nor is the word "alleluia" uttered in praise.

Fasting is a traditional Lenten discipline, though nowadays largely confined to the tradition of "giving up" something for Lent. Despite its austere image, it must be remembered that Lent falls at the time when traditionally food was scarcest, so that the discipline should not be overbearing. Nonetheless, it should be a constant and sufficient reminder that "man does not live by bread alone, but by every word that proceeds from the mouth of the Lord."



For your prayers

- Our spiritual disciplines for Lent: fasting, scripture study and almsgiving.
- Our ministry and vocation as the people of God.
- Those in training for ordained ministry, especially Katherine Butterfield.
- Our schools, their staff, children and parents, returning to school after half term.
- Our children's work, including our Sunday activities, Service Makers, Snack and the Eden Live youth fellowship.
- The conflicts of the world; for Christians and other minorities caught up in the conflicts of the Middle East
- Those who are in mourning, especially the recently bereaved.

From our calendar of prayer:

- In the Anglican Communion: Diocese of Maseno North (Province of Kenya), Bishop Simon Oketch. Diocese of Maseno South (Province of Kenya), Bishop Francis Abiero, clergy and people.
- In Carlisle Diocese: For Calder Deanery - for a united common purpose amongst all the churches in our Deanery: Anglican, Methodist, URC, Independent Churches and Roman Catholic.
- Our bishops: Bishop Robert, Licensing of Brian Streeter as Priest-in-Charge of the benefice of Egton cum Newland and Lowick and Colton, 10.00 am.

This morning's readings

Psalm 25.1-9

- 1 To you, O Lord, I lift up my soul; O my God, in you I trust; • let me not be put to shame; let not my enemies triumph over me.
- 2 Let none who look to you be put to shame, • but let the treacherous be shamed and frustrated.
- 3 Make me to know your ways, O Lord, • and teach me your paths.
- 4 Lead me in your truth and teach me, • for you are the God of my salvation; for you have I hoped all the day long.
- 5 Remember, Lord, your compassion and love, • for they are from everlasting.
- 6 Remember not the sins of my youth or my transgressions, • but think on me in your goodness, O Lord, according to your steadfast love.
- 7 Gracious and upright is the Lord; • therefore shall he teach sinners in the way.
- 8 He will guide the humble in doing right • and teach his way to the lowly.
- 9 All the paths of the Lord are mercy and truth • to those who keep his covenant and his testimonies.

Genesis 9.8-17

8 God said to Noah and to his sons with him, ⁹'As for me, I am establishing my covenant with you and your descendants after you, ¹⁰and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. ¹¹I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.' ¹²God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: ¹³I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. ¹⁴When I bring clouds over the earth and the bow is seen in the clouds, ¹⁵I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. ¹⁶When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.' ¹⁷God said to Noah, 'This is the sign of the covenant that I have established between me and all flesh that is on the earth.'

Mark 1.9-15

9 In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. ¹⁰And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. ¹¹And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'
¹²And the Spirit immediately drove him out into the wilderness. ¹³He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.
¹⁴Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, ¹⁵and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'